1. Track workout on liftoff
   1. User navigated through liftoff, attempted to find workout, took 5 minutes
   2. Tried stopping workout, failed to multiple times and gave up.
2. Create workout on liftoff
   1. User easily created workout on liftoff
3. Blind test
   1. User did not provide detailed feedback
4. Blind test
   1. User stumbled around the navigation for 8 minutes and gave up.